

# WAX RECOMMENDATION



## BESH CUP #1

Kincaid Park, Anchorage, AK – Saturday, Dec 21

10 A.M., Classic Sprint Qualifications, Noon Heats

<https://www.crosscountryalaska.org/besh-1-2-details>

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**Forecast/Conditions:** Overnight low 26. Saturday a chance of freezing rain before 9 A.M. changing to rain between 9 A.M. and 3 P.M., then a chance of rain and snow after 3 P.M.

**Glidewax:** Apply HP Blue Hot Wax, scrape and brush, spray on HP Liquid Paraffin Yellow, let stand at least 2 hours, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP, apply BP Blue Hot Wax, scrape and brush, then apply HP Yellow Hot Wax, scrape and brush.

**Gripwax:** Roughen base with 150 grit sandpaper, apply Nordic Base Klister Green, heat and smooth. While still warm, apply Nordic Klister Yellow in an alternating chevron pattern with Nordic Klister Red (in a ratio of 2 Yellow:1 Red), smooth, let cool. If fresh snow occurs, cover with a VERY thin layer of Nordic GripWax Yellow and lightly cork just enough to smooth it. Do not mix with klister.

**Structure:** A medium universal structure covered by one pass with the Yellow Structurite tool after scraping and brushing the final Hot Wax will best suit these conditions.

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*Created by Ira Edwards, Toko Tech Team member since 1995*

***Racing-Service***

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Check the [Wax Tips](#) page at [TokoUS.com](http://TokoUS.com) before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at [TokoUS.com](http://TokoUS.com).